



# October 2020 Elementary Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
			Meatsauce & Spaghetti Creamed Spinach Chilled Pears and Fresh Fruit Garlic Roll Milk  Mozzarella Sticks with Marinara Creamed Spinach Tots/Shoestring/Crinkle/Smiles Chilled Pears and Fresh Fruit Milk	Pepperoni or Cheese Pizza Golden Corn Tots/Shoestring/Crinkle/Smiles Chilled Peaches and Fresh Fruit Cake Milk Southwest Chicken Pita Shred Lettuce & Diced Tomatoes Golden Corn Chilled Peaches and fresh fruit Cake
Salisbury Steak Mashed Potatoes w/ Gravy Seasoned or Italian Greenbeans Assorted Fruit Chilled Applesauce (Pre-K & Sat)  Milk  Pepperoni & Cheese Pizza Tots/Shoestring/Crinkle/Smiles Chilled Applesauce and Fresh Fruit Milk	Crispy or Soft Beef Taco Shredded Cheese Shredded Lettuce & Chopped Tomatoes Golden Corn Fresh Fruit Chilled Pears Cinnamon Stick Milk  White Grilled Cheese Sandwich Golden Corn Tots/Shoestring/Crinkle/Smiles Chilled Pears and Bananas Cinnamon Stick	Brunch for Lunch Pancakes Sausage Patty Tator Tots Steamed Baby Carrots Chilled Strawberries and Fresh Fruit Milk Fresh Fruit  Chicken Sandwich Shred Lettuce/Tomato/Pickle(optional) Chilled Strawberries and fresh fruit Milk	Fish Treasures White Beans with Rice Assorted Fruit Fresh Fruit Frenchbread Milk  Hamburger on Bun w/wo Cheese Shred Lettuce/Tomato/Pickle(optional) Baked Beans Chilled Mandarin Oranges and fresh fruit Milk	Meatballs and Spaghetti Broccoli with Cheese Chilled Peaches and fresh fruit Fresh Fruit Garlic Roll Brownie Milk  Chicken Nuggets Broccoli with Cheese Tots/Shoestring/Crinkle/Smiles Chilled Peaches and fresh fruit Brownie
Red or White Beans (Chicken Smackers for Pre-K only) Rice Chicken Smackers/Sausage Links Glazed Carrots Fresh Fruit Mandarin Oranges (Pre-K & Sat) Cornbread(if you have cornmeal) Milk  Fried Chicken Tenders Baked Beans Tots/Shoestring/Crinkle/Smiles Chilled Mandarin Oranges (Pre-K&Sat) Cornbread	Crispy or Soft Beef Taco Shredded Cheese Shredded Lettuce & Chopped Tomatoes Golden Corn Assorted Fruit Fresh Fruit Chilled Pears Cinnamon Roll Milk  Pepperoni & Cheese Pizza Golden Corn Caesar Salad Chilled Pears Cinnamon Roll	Bacon Cheeseburger Shredded Lettuce/Tomato/Pickle Chilled Strawberries (Pre-K & Sat) Tots/Shoestring/Crinkle/Smiles   Chicken Fajita Alfredo Pasta Seasoned or Italian Greenbeans Assorted Fruit Fresh Fruit Chilled Strawberry	Chicken Nuggets Baked Macaroni and Cheese Pasta Carrot Souffle Fresh Fruit Chilled Pineapples (Pre-K & Sat)  Milk  Mini Corn Dogs Carrot Souffle Tots/Shoestring/Crinkle/Smiles Chilled Pineapples (Pre-K&Sat) Milk	Italian Bake Pasta Steamed Broccoli Fresh Fruit Chilled Peaches(Pre-K & Sat) Garlic Roll Cookie Milk  General Tso Chicken Smackers Steamed Broccoli Tots/Shoestring/Crinkle/Smiles Chilled Peaches (Pre-K&Sat)
No School	Crispy or Soft Beef Taco Shredded Cheese Shredded Lettuce & Chopped Tomatoes Golden Corn Bananas Chilled Peaches Cinnamon Stick Milk  Chicken Tenders Golden Corn Tots/Shoestring/Crinkle/Smiles Chilled Peaches Cinnamon Stick Milk	Chicken Parmesan with Pasta Caesar Salad Fresh Fruit Chilled Strawberries (Pre-K&Sat) Garlic Roll Milk  Chicken Nuggets Tots/Shoestring/Crinkle/Smiles Caesar Salad Chilled Strawberries (Pre-K&Sat)  Milk	Loaded Nacho Supreme Bowl Shred Lettuce & Tomatoes(optional) Golden Corn Fresh Fruit Chilled Pears (Pre-K & Sat) Milk  Pepperoni & Cheese Pizza Golden Corn Tots/Shoestring/Crinkle/Smiles Chilled Pears(Pre-K&Sat) Milk  HOT	Salisbury Steak Mashed Potatoes Carrot Souffle or Glazed Carrots Fresh Fruit Chilled Pineapples (Pre-K & Sat) Rice Krispie Treat Milk  Chicken Sandwich Shred Lettuce/Tomato/Pickle (optional) Glazed Carrots or Carrot Souffle Chilled Pineapples (Pre-K & Sat) Rice Krispie Treat Milk
Jamaican Jerk Grilled Chicken Macaroni & Cheese Glazed Carrots Fresh Fruit Chilled Applesauce (Pre-K & Sat) Milk	Crispy or Soft Beef Taco Shredded Cheese Shredded Lettuce & Chopped Tomatoes Golden Corn Fresh Fruit Chilled Mandarin Oranges Cinnamon Roll Milk	Red or White Beans Rice Chicken Smackers/Sausage Links Fresh Fruit Chilled Strawberries (Pre-K & Sat) Milk	Meatsauce & Spaghetti Creamed Spinach Fresh Fruit Chilled Pears (Pre-K & Sat) Garlic Roll Milk	Meatsauce & Spaghetti Creamed Spinach Fresh Fruit Chilled Pears (Pre-K & Sat) Garlic Roll Milk
Chicken Nuggets Glazed Carrots Chilled Applesauce(Pre-K&Sat) Milk	Yellow Grilled Cheese Sandwich Golden Corn Tots/Shoestring/Crinkle/Smiles Chilled Mandarin Oranges Cinnamon Roll Milk	Chicken Sandwich Baked Beans Shred Lettuce/Tomato/Pickle(optional) Chilled Strawberries (Pre-K & Sat) Milk	Mozzarella Sticks with Marinara Creamed Spinach Tots/Shoestring/Crinkle/Smiles Chilled Pears(Pre-K & Sat) Milk	Southwest Chicken Pita Shred Lettuce & Diced Tomatoes(option) Golden Corn Chilled Peaches (Pre-K&Sat) Cake Milk